

WYRD REALITIES

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Our Shows

BLONDES, BOOKS, &

CAMPFIRE TALES

FOLKING WYRD

WYRD AWAKENINGS

WYRD REALITIES

WATCHING WYRD

WHERE IN THE FOLK

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editor



IT IS A SEASON OF BOTH GATHERING AND LETTING GO, OF CELEBRATING WHAT WE'VE CULTIVATED WHILE PREPARING FOR THE STILLNESS AHEAD.

> Morgana Calder Editor-in-Chief



IT'S THE MOST WONDERFUL TIME OF THE YEAR...ALMOST!!!

As the warmth of summer yields to cooler breezes and golden light, we welcome September—the threshold of autumn. The days grow shorter, the evenings longer, and the world around us begins its quiet transformation. Leaves blush with hints of crimson and amber, harvests ripen, and the first whispers of woodsmoke and spice drift on the air.

This season brings with it the celebration of Mabon, the autumnal equinox—a time of balance and gratitude. Day and night stand as equals, reminding us to pause, reflect, and honor the work of our hands and the gifts of the earth. It is a season of both gathering and letting

go, of celebrating what we've cultivated while preparing for the stillness ahead.

Fall is a time for stories, for gathering around tables and firesides, for honoring tradition while embracing change.

Whether you're raising a toast to the harvest moon, walking under the first canopy of turning leaves, or finding small moments of quiet in the rush of daily life, may this month inspire you to slow down and savor.

Welcome, September. Welcome, Mabon. Welcome, fall.

Morgana

Editor

News from the Wyrdverse



...IT FEELS LIKE THE LAND ITSELF HAS BEEN WAITING, REMINDING ME WHY THESE ROOTS RUN SO DEEP.

EXAMPLE AT WYRDREALITIES

September always feels like a hinge month—the turning of a great key as summer loosens its grip and autumn whispers on the wind. The veil quivers, the light slants differently, and the wyrd begins to stir.

At Cranewitch Hollow, I've been wandering beneath the oaks with Boo and Wilson, gathering the little signs the season leaves behind—bird feathers like dropped blessings, the sudden grace of cranes rising from the marsh, and dragonflies that bombard me with sneak-peeks of change, darting in and out of sight like messengers from another realm.

This month has also brought the sweetness of homecoming—time spent with old friends, catching up on stories, laughter, and the comfort of familiar places. It feels like the land itself has been waiting, reminding me why these roots run so deep.

Here's what's ahead in our wyrd little world:

We're counting down to our 5th anniversary on Halloween—five years of strange tales, folklore, and the wonderful community we've created together.

The work of Tales from Cranewitch Hollow continues—Mississippi's haunted histories and legends are

revealing themselves like pages turning in an old spellbook.

And every day, Boo and Wilson remind me that magic is here and now too—in wagging tails, muddy paws, and twilight walks.

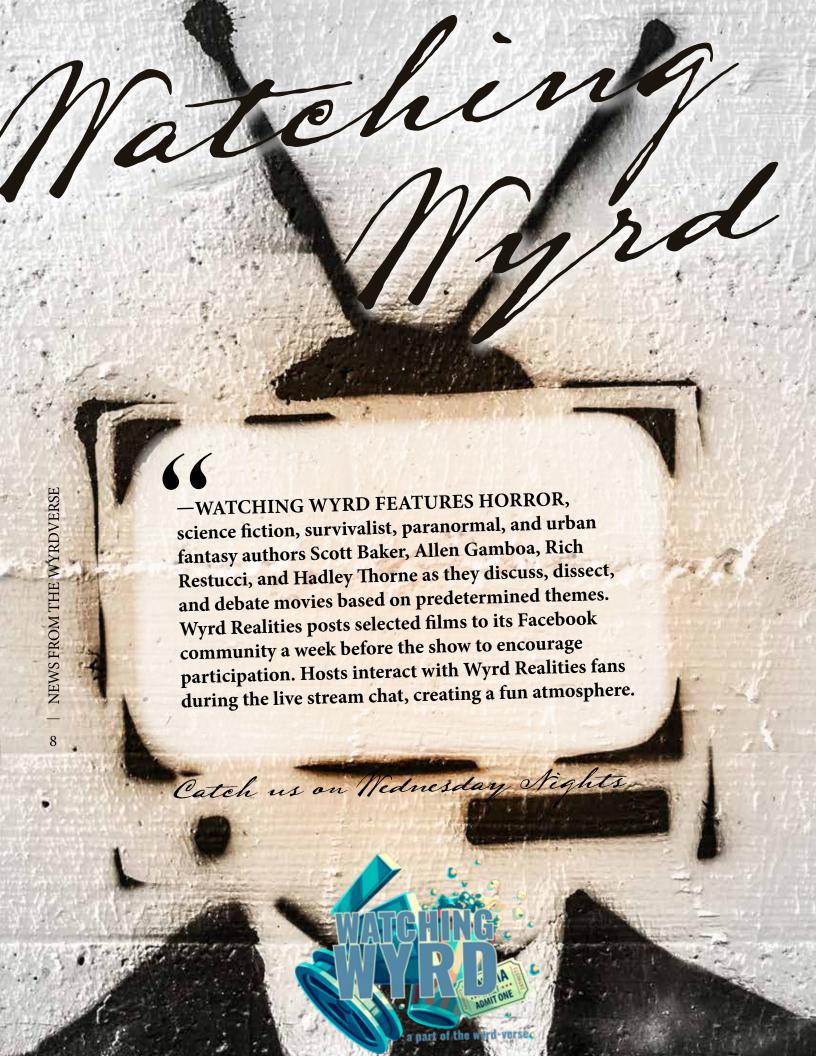
As Mabon approaches and light and shadow strike their perfect balance, may you find your own feathers, omens, and everyday magics. The lanterns are lit, and the path ahead shimmers with promise.

Stay wyrd, stay wondrous, and keep your heart tuned to the Hollow.

With love & shadows.

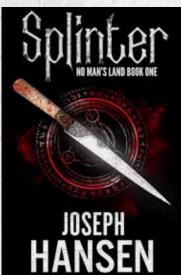
Founder, Wyrd Realities (Part-time podcaster, full-time chaos conjurer)





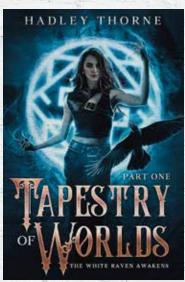
JUST A FEW OFFERINGS FROM OUR FINE WRITERS!













AWAKENINGS

Wyrd Awakenings is where the strange, eerie, and unexplained come to life.

Each episode dives into the mysterious—cryptids, legends, hauntings, forgotten history, and the paranormal—bringing listeners stories that blur the line between fact and folklore.

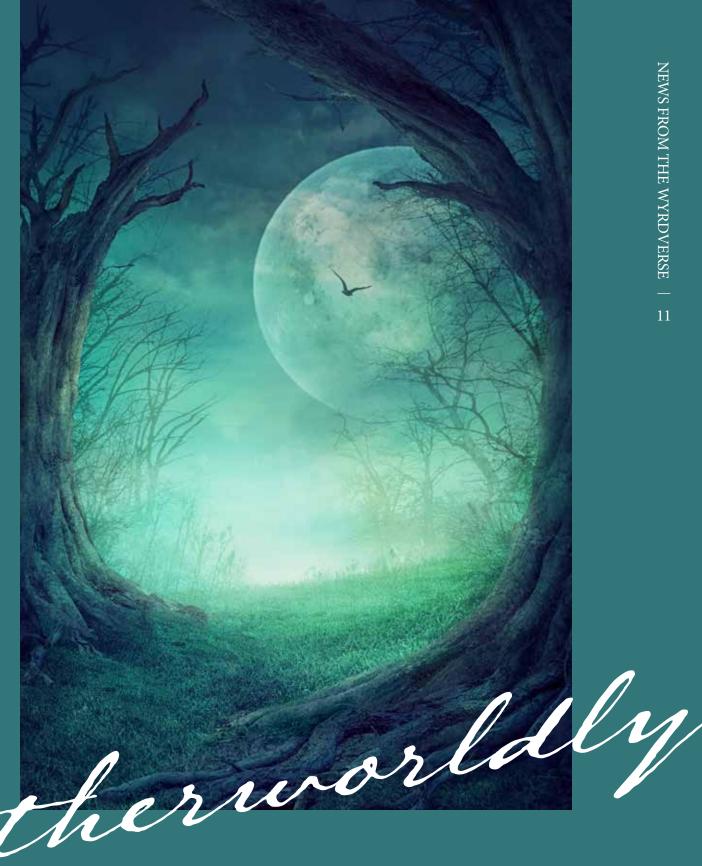
Whether exploring shadowy myths from across the world, dissecting conspiracies, or sharing spine-tingling tales,

Wyrd Awakenings invites curious minds to journey into the unknown.

Thoughtful, engaging, and always a little unsettling, this podcast is perfect for those who crave the weird and wonderful.

Join Morgana Calder and her cohorts, Steven Hill, Cecil Fletcher, Henry Tully, and Hadley Thorne on Friday nights at 8pm Eastern.

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—WHERE IN THE FOLK IS A

COLLABORATION FROM WYRDLINGS,

CECIL FLETCHER AND HENRY TULLY.



A global conspiracy, paranormal, true crime, cryptid and parapsychology podcast from the mountains of Appalachia.

Our mission is to learn as much as we can about the subjects we talk about, while attempting to build a community of like-minded individuals. We are always on the lookout for guests to come on and share their knowledge.

Where in the Folk hosts occasional Saturday long

form shows. These episodes can include in-depth subject matter that simply cannot be covered in an hour, to shows with special guests who are experts in their fields.

Then join us every Friday night as we dive into ALL of the crazy stuff going on in the world.

It may be insane news stories, news that ran under the radar, or things that didn't get covered, we go over these stories together and give our thoughts. You can catch reruns on all the channels! Join in on the conversation with us LIVE on Fridays at 7pm EST and thanks for watching us, because we're watching you!

Where to watch/interact with us LIVE: twitter.com/whereinthefolk rumble.com/whereinthefolk youtube.com/whereinthefolk twitch.tv/whereinthefolk bitchute.com/whereinthefolk https://kick.com/

If you wish to be a guest, message us on twitter @whereinthefolk or email WITF@GMX.com

FOLLOW US ON TIKTOK FOR MORE GREAT CONTENT!





Keep an eye out on social media and www.wyrdrealities.net for the next episode of Folking Wyrd. Join the crew, including Cecil Fletcher, Henry Tully, Steven Hill, Heather Bradley, and Morgana Calder, as they explore places of historic or special interest and watch with them in real time as they explore the footage with the audience. Who knows what you might see?

- Disembodied Search Beam
- Man from Taured
- Project Chatter
- Grunch Road Monster
- Eye of the Sahara
- Ball Cemetery NE
- NC Bigfoot Battle
- Throne of Kai Kavus
- Grabovoi Codes
- Time Lost Hair Gained
- The Minnesota Iceman
- Project MK Ultra
- Project Midnight Climax
- Mercy Brown
- The Yazoo Witch
- The Bridgewater Triangle



Pull up a log, roast a marshmallow and settle in as these blondes—Bethany, Krystal, and Rikki—talk spooky tales and classic horror icons. Of course, as the fire gets low and the night wears on, you never know who else may drop by. Exciting guests, perky blondes and sinister tales make this podcast as good as a double-stacked s'more.

ALL SHOWS START AT 8CST/9EST. CATCH US EVERY OTHER TUESDAY.



MEET OUR WYRD PARTNERS...WE COULDN'T HAVE BETTER PEOPLE IN OUR NETWORK! THANKS FOR BEING A PART OF THE WYRD TEAM!

ALLEN GAMBOA, AUTHOR AURA'S LIGHT BEYOND THE GATEWAY BETHANY STUTSMAN, AUTHOR **COVERS BY CHRISTIAN** PAUL COUSINS, FUNDER GAME STUDIOS HADLEY THORNE, AUTHOR HEIRLOOM FLEAMARKET HOLISTIC HEALTH AND HEALING INTUITION WITH SARAH JENNIFER SALMONS, LPC

Bartwers

JOSEPH HANSEN, AUTHOR LAURA MORGAN, DESIGNER **METAPHYSICAL MISSISSIPPI NEW SUN ENERGY WORKS NITE CALLERS PRODUCTIONS REIKI MISSISSIPPI** RESOLUTION HYPNOTHERAPY RICH RESTUCCI, AUTHOR SCOTT M. BAKER, AUTHOR STEPHEN LANDRY, VIRTUAL DESIGN, WRITING, & FILMMAKING **SYLVESTER BARZEY, AUTHOR UNCERTAIN BIGFOOT BASH** WHERE IN THE FOLK PODCAST WYRD SISTERS INK DESIGN & PUBLICATIONS

Oryptid Corner



THE SLIDE-ROCK BOLTER OF THE ROCKIES

Deep in the San Juan
Mountains, locals whisper
about a creature that could
only exist in a place like
Colorado—where peaks
pierce the sky and gravity
itself feels like a force you
might wrestle. They call
it the Slide-Rock Bolter,
a monstrous beast said
to cling to the steepest
slopes, waiting for the right
moment to strike.

The Bolter is described as enormous, with a head like a grotesque whale, a gaping maw full of jagged teeth, and a tail ending in a massive, hooked fin. This fin is what allows it to anchor itself to sheer mountainsides, hanging motionless for days as if part of the rock itself. Unsuspecting travelers hiking below may never know they are being watched—until it's too late.

When prey wanders near, the Bolter releases its grip, sliding down the slope with unstoppable momentum. Trees are flattened, boulders shattered, and entire swaths of forest torn apart as the creature barrels downward, scooping up its victims in a single, horrifying gulp. Locals say that once it devours its fill, it uses the momentum of its descent to latch onto the next mountainside, setting the stage for another ambush.

Stories of the Slide-Rock Bolter were popularized in the late 1800s, when lumberjacks and miners passed tales of the creature around their camps. Some even claimed that entire crews vanished after wandering too close to its hidden haunts. Though scientists dismiss the Bolter as a "fearsome critter" born of tall tales and rough mountain humor, the legend persists. To this day, hikers in the Rockies sometimes report hearing strange, low rumbles echoing through the canyons—like something

impossibly large shifting its weight against the stone.

Whether it's a relic of frontier folklore or something lurking high on Colorado's peaks, one thing is certain: the Slide-Rock Bolter is a reminder that in places where the mountains themselves seem alive, you can never be too sure what's waiting above.

A cryptid is a creature or entity whose existence is suggested by anecdotal evidence, folklore, or alleged sightings, but lacks conclusive scientific evidence for its existence. These entities often exist in the realm of myth, legend, or unverified reports. Examples of cryptids include creatures like Bigfoot, the Loch Ness Monster, the Chupacabra, Mothman, and many others.

Cryptids can be animals, plants, or even beings with supernatural or paranormal attributes.

They're subjects of fascination and mystery, often sparking curiosity and investigations by cryptozoologists and enthusiasts seeking to prove or debunk their existence.

Colorado

— COLORADO MAY BE known for its jaw-dropping mountains and sun-soaked plains, but dig a little deeper and you'll find something else: a state buzzing with strange energy. Its ghost towns whisper of tragedy, its forests hide creatures, and its backroads have seen things that can't be explained. Grab your jacket—the air gets thin up here—and join us on a road trip through Wyrd Colorado.

Stop One: THE STANLEY HOTEL – ESTES PARK

Our first stop is a legend in its own right: The Stanley Hotel, a stunning Colonial Revival retreat that inspired Stephen King's The Shining. Built in 1909, it's perched like a sentinel above Estes Park, framed by the rugged Rocky Mountains. But behind the elegant facade is a reputation for restless spirits.

Guests have reported music drifting from the empty ballroom, lights flickering, and ghostly children running down the halls. Room 217 is especially infamous—where King himself stayed and where a maid once survived an explosion. Staff say she still checks on guests. Whether it's a

residual haunting or something more playful, the Stanley remains one of the most famous—and photogenic—haunted hotels in the country.

Stop Two: RIVERDALE ROAD - THORNTON TO BRIGHTON

Heading southeast, we take a seemingly ordinary stretch of pavement: Riverdale Road. Don't be fooled. Dubbed the most haunted road in America, it's lined with eerie legends. Travelers talk of phantom joggers, spectral hitchhikers, a ghostly Camaro that races unsuspecting drivers, and even a "Gates of Hell" ruin hidden in the woods.

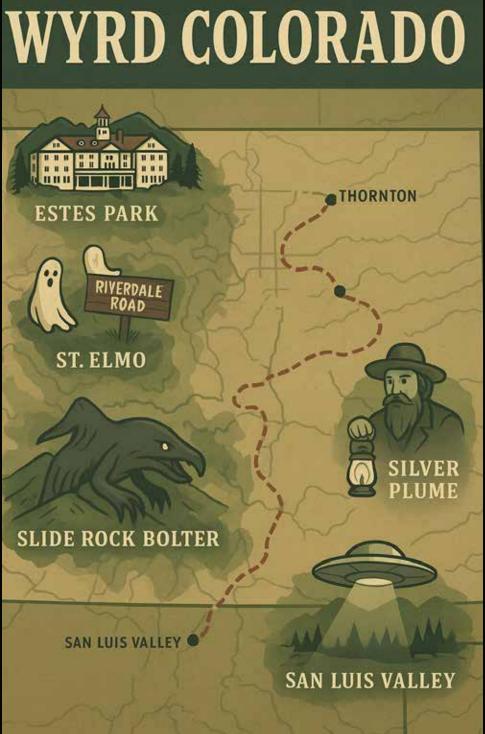
The stories are all over the place—urban myths, creepy campfire tales—but the feeling of unease is real. Night drivers report strange lights and shadows darting across the asphalt, and the locals avoid it after dark. Whether it's ghost stories or just a dark imagination running wild, Riverdale is Colorado's ultimate haunted backroad.

Stop Three: ST. ELMO - CHAFFEE COUNTY

Now we steer southwest into the heart of the Rockies to St. Elmo, one of Colorado's best-preserved ghost towns. Once a bustling mining community, St. Elmo was abandoned when the gold ran dry,

At first glance, Colorado is all snowcapped peaks and sunny plains. But look closer, and you'll find shadows on the slopes and mysteries lurking in the mountain towns. Wyrd Colorado takes you from the eerie halls of Estes Park's Stanley Hotel to the phantom lights of the San Luis Valley, with stops for ghost towns, monsters, and maybe something watching from the trees.

GH-ALTITUDE HAUNTS AND MOUNTAIN MYSTERIES









RIVERDALE ROAD THORNTON TO BRIGHTON



ST. ELMO CHAFFEE COUNTY





UFO HOTSPOT



SILVER PLUME'S PHANTOM MINER CLEAR CREEK COUNTY

TAKE A TOUR OF WYRD COLORADO

Your scenic byway to the Centennial State's spooks, specters, and strange sightings.

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RIVERDALE ROAD: THE MOST HAUNTED ROAD IN AMERICA?

Just north of Denver, between Thornton and Brighton, lies a stretch of pavement that looks ordinary by day—but locals know better. Riverdale Road is a place where Colorado's tame suburban edges give way to something darker. It's been called "the most haunted road in America," and its legends are as winding as the asphalt itself.

The Phantom Camaro:

Drivers tell of a mysterious black Camaro with a single headlight that appears suddenly behind them, challenging them to a race. Sometimes it swerves close enough to nearly push a car off the road—only to vanish without a trace. No one's ever gotten a license plate. Some say it's the spirit of a teen killed here decades ago.

The Jogger and the Hitchhiker:

At night, people claim to see a lone jogger pounding the pavement, or a hitchhiker waving for help. Both are said to be ghosts—victims of hitand-runs or accidents. More chilling, witnesses say if you don't stop, the jogger may chase you, slapping the trunk as you speed away.

The Gates of Hell:

Hidden somewhere off Riverdale Road, locals whisper of crumbling iron gates leading to the ruins of a mansion. The story goes that its owner went mad, burning the house and killing his family. While nothing official supports the tale, thrill-seekers insist you can feel something off in the woods: shadows shifting, sudden cold, even the smell of smoke.

Other Oddities:

Graffiti-covered underpasses where voices echo strangely, phantom animals darting across the road, and reports of ghostly children on bridges all add to the road's infamy. Paranormal groups have recorded EVPs (electronic voice phenomena) here, and some drivers refuse to travel it at night.

Why So Many Legends?

Much of Riverdale's mystique comes from its setting. It's a semi-rural corridor, lined with cottonwoods, farmland, and occasional abandoned structures. At night, it's dark—very dark. When the fog rolls in, headlights cut strange shapes, and shadows stretch long. Combine that with decades of local lore and you get the perfect recipe for ghost stories.

Whether you believe or not, Riverdale Road has one consistent truth: it's unsettling. Drive it alone at midnight, and you may find yourself checking the rearview mirror a little too often.

leaving behind weathered storefronts, a silent schoolhouse, and whispers of its most famous resident: Annabelle Stark.

Annabelle was known as a bit of an eccentric and fiercely protective of the town. Locals say her spirit still lingers, watching visitors from the windows of the old hotel. Hikers have reported doors opening on their own and voices in the empty buildings. Whether she's a guardian or just lonely, Annabelle keeps watch over St. Elmo's dusty streets.

Stop Four: SLIDE ROCK BOLTER - SAN JUAN MOUNTAINS

For something stranger than ghosts, we head to the high, rugged San Juan Mountains. Here, loggers in the early 1900s spoke of a creature unlike any other: the Slide Rock Bolter. This bizarre cryptid is said to be a massive, whale-like beast that clings to mountain peaks, waiting for unsuspecting prey.

According to legend, when it spots a meal—be it a hiker, elk, or logging crew—it releases its grip, sliding down the slope at terrifying speed, scooping everything into its gaping maw before latching onto the next cliff. While modern hikers dismiss it as tall timber tales, the Bolter has earned a spot in local folklore, a symbol of the wild unpredictability of Colorado's mountains.

Stop Five: UFO HOTSPOT - SAN LUIS VALLEY

Colorado isn't just about ghosts and monsters—it's also known for things that come from above. The San Luis Valley, a high desert basin, is one of the top UFO sighting areas in the U.S. Strange lights, unexplained aircraft, and even cattle mutilations have been reported here for decades.

In the small town of Hooper, you'll even find a UFO Watchtower, where owner Judy Messoline welcomes sky-watchers and believers from around the world. She claims dozens of unexplained phenomena have been spotted from her property. Whether it's alien craft, military tests, or something stranger, the valley remains one of Colorado's most wyrd places.

Stop Six: SILVER PLUME'S PHANTOM MINER - CLEAR CREEK COUNTY

Before we close the loop, we stop at the tiny mountain town of Silver Plume. Here, legends speak of a phantom miner who roams the hills—a man who met an untimely end during the town's mining days. Some say he was murdered; others that he simply disappeared in the tunnels.

Today, hikers report the sound of pickaxes striking stone, boots on gravel, and a shadowy figure glimpsed on foggy mornings. Silver Plume's narrow streets and surrounding trails hold a quiet unease, as if the mountains haven't forgotten their dead.

ROAD'S END

Colorado's natural beauty is undeniable—but the strangeness woven through its mountains and plains is just as breathtaking. Whether you're checking into a haunted hotel, scanning the sky for lights, or walking the empty streets of a ghost town, the Centennial State proves that at high altitudes, the weirdness runs deep.

Next up: where to? Maybe the windswept Dakotas? Or the mysterious swamps of Florida? Wherever the road goes, we'll follow the wyrd.

Horsenses

SCENTS AND HERBS FOR SEPTEMBER: BRINGING AUTUMN TO LIFE

As September rolls in, the days begin to cool, the nights lengthen, and nature hints at the vibrant shift toward autumn. It's the perfect time to embrace earthy, warming scents and herbs that bridge the gap between summer freshness and autumn coziness. This month's herbal palette leans into grounding, aromatic plants that comfort, strengthen the immune system, and prepare us for the cooler months ahead.

KEY HERBS AND SCENTS FOR SEPTEMBER

Rosemary – This resilient herb thrives into early autumn and offers a piney, uplifting aroma. It's ideal for clearing mental fog as routines ramp up after summer. Rosemary pairs beautifully with roasted vegetables and meats and can also be steeped into tea for digestive support.

Sage – As a symbol of wisdom and cleansing, sage's earthy aroma is perfect for autumn rituals. It's commonly used in cooking to add depth to hearty dishes and in herbal bundles for clearing stale energy in the home. September is prime time to dry sage sprigs for use throughout winter.

Thyme – This herb offers a warm, peppery fragrance and is a natural antimicrobial. It's excellent for immune-boosting teas and flavoring soups or stews. Its tiny leaves pack a big punch, both in aroma and health benefits.

Lavender – Though often associated with summer, late-blooming lavender thrives into early fall. Its soothing scent is calming as the seasons change. Lavender can be infused in oils, used in baking, or added to homemade cleaning sprays.

Cinnamon and Clove (Bonus Spices) – While not herbs, these warming spices start to

reappear in September. They bring cozy, nostalgic scents and pair perfectly with herbs like rosemary or thyme in recipes and potpourri.

RECIPES TO SAVOR THE SEASON

Autumn Herb Roasted Vegetables

Ingredients:

2 cups mixed root vegetables (carrots, potatoes, parsnips)

1 tablespoon fresh rosemary, chopped

1 tablespoon fresh thyme, leaves removed

2 cloves garlic, minced

3 tablespoons olive oil

Salt and pepper to taste

Directions:

Preheat oven to 400°F (200°C). Toss vegetables with oil, herbs, garlic, salt, and pepper. Spread evenly on a baking sheet and roast for 35–40 minutes, stirring halfway, until golden and tender. Serve as a hearty side or main with crusty bread.



Sage and Honey Tea

Ingredients:

4–5 fresh sage leaves (or 1 teaspoon dried)

1 teaspoon honey

1 slice lemon (optional)

Directions:

Boil water and pour over sage leaves. Steep for 5-7 minutes. Strain and sweeten with honey. Add lemon for brightness. Perfect for soothing sore throats or calming the mind after a busy day.

Lavender Sugar for Baking

Ingredients:

1 cup granulated sugar

1 tablespoon culinary lavender buds

Directions:

Combine sugar and lavender buds in a jar. Let sit for at least one week, shaking occasionally to infuse the flavor. Use in cookies, teas, or dust over fruit for a floral twist.

BRINGING SCENTS INTO THE HOME

In addition to cooking, September is a wonderful time to incorporate herbs and spices into your environment. Make a simple stovetop potpourri by simmering a pot of water with rosemary sprigs, a cinnamon stick, and orange peel. Or bundle dried sage and thyme with twine to hang in the kitchen for fragrance and easy access.

Whether sipping sage tea or roasting rosemary vegetables, herbs and scents of September help us slow down and savor the season's transition. These plants not only flavor our meals but also nurture the senses, inviting comfort and warmth as autumn approaches.







WYRD REALITIES NETWORK PROVIDES CREATORS OF ALL TYPES A SPACE TO CONNECT, SHARE IDEAS, AND DISCUSS THEIR PASSIONS. OUR NETWORK OF PODCASTS FEATURE CONVERSATIONS WITH SOME OF THE MOST INNOVATIVE AND CREATIVE PEOPLE IN THE INDUSTRY. OUR FOCUS IS ON CREATING POSITIVE, ENGAGING, AND THOUGHT-PROVOKING CONTENT THAT INSPIRES CURIOSITY AND A HUNGER TO KNOW MORE IN OUR LISTENERS. AS A PLATFORM, WE AIM TO SHOWCASE THE DIVERSITY OF PERSPECTIVES AND EXPERIENCES WITHIN THE CREATIVE, SUPERNATURAL, AND UNKNOWN WORLD SURROUNDING US. TUNE IN TO OUR SHOWS AND SEE WHAT INSPIRES US.



FOUNDER, PRESIDENT, AND CEO HADLEY THORNE LINKTR. EE/HADLEYTHORNE



COMMUNITY OUTREACH
SCOTT BAKER
LINKTR.EE/SCOTT_BAKER



CMO/VICE PRESIDENT
MORGANA CALDER
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CONTENT CREATOR TRACY CROSBY REIKIMS.COM



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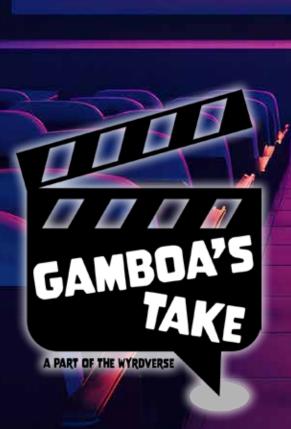
CONTENT CREATOR
RIKKI STUTSMAN



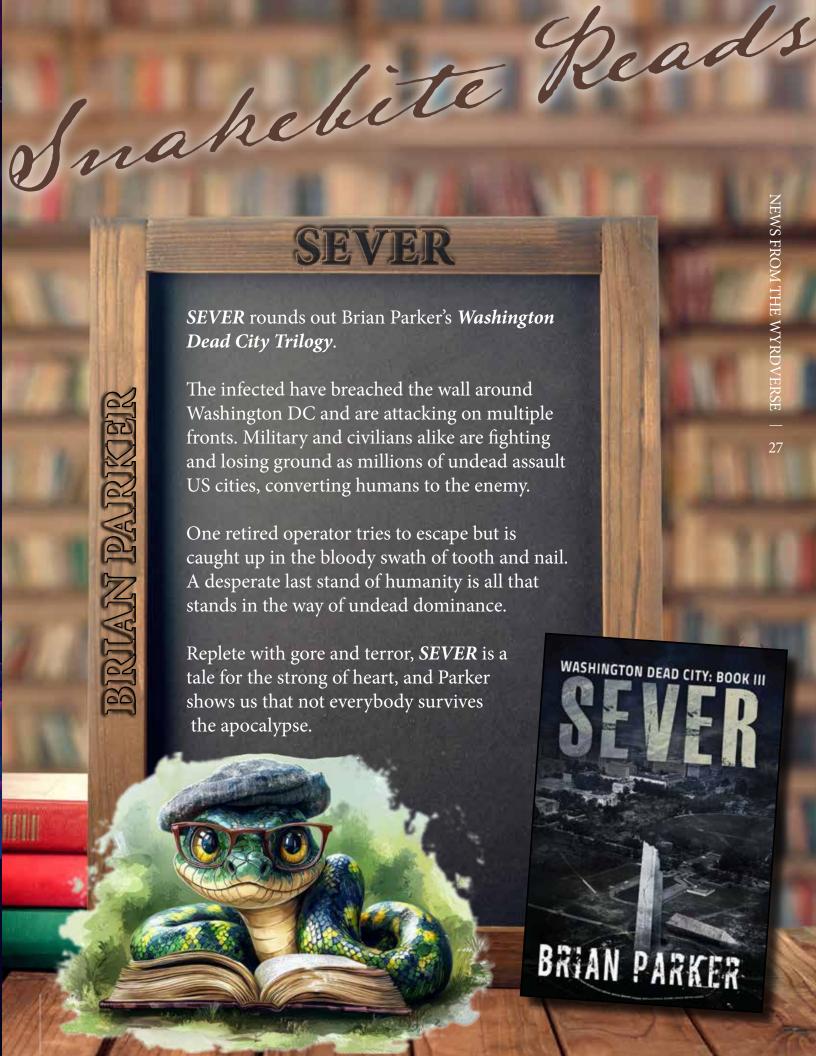
HENRY TULLY
LINKTR.EE/WHEREINTHEFOLK

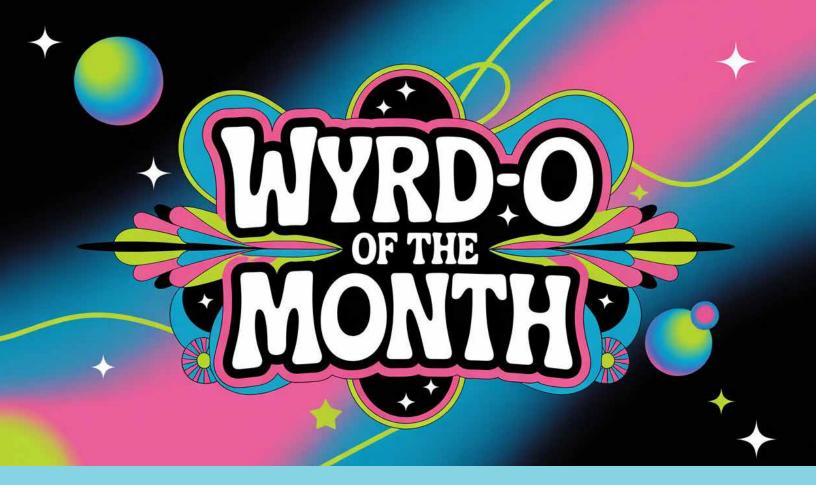
2023's Fear The Night. Maggie Q (Live Free or Die Hard, Designated Survivor) is a recovering alcoholic, Iraqi war vet who is attending her younger sister's bachelorette party in a secluded family home along with several annoying friends and an uptight older sister. A band of meth fueled bad guys show up looking for money that's supposedly hidden in the house. Violent hijinks follow. This is a decent action flick. It starts with an unexpected death and Q jumps into vengeful action. Once you get past the beginning bachelorette shenanigans the story really moves. Worth a look see. That's my opinion and you know what they say.

3.5/5 streaming on Amazon Prime and Hulu.









GIVE IT UP FOR OUR WYRDO OF THE MONTH!

KATHY WILKINSON STUTSMAN

That's right — this legend isn't just any wyrd-o...

She's OUR wyrd-o, and honestly, we couldn't be more proud if we tried!

You've been rocking the wyrdness like a cosmic superstar — tuning in, showing up, and keeping things gloriously strange.

From the bottom of our bizarre little hearts: **THANK YOU**.

You're the kind of wyrd that makes the world a better (and way more interesting) place.

So crank up the weird, do a happy dance, and remember: **STAY CURIOUS. STAY BOLD. STAY WYRD.**

ABOUT THE WYRD-VERSE

The Wyrd Realities Network was founded on the idea that we all have a little bit of weirdness in us. Our podcast provides a lively platform for creative minds to share their experiences, passions, and stories related to the paranormal, history, science, conspiracies, and folklore. We believe that the best way to appreciate the unknown is to approach it with curiosity, respect, and open-mindedness. We invite you to join our community of explorers and share your perspectives on the wyrdness of reality.



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We're more than just a podcast network. We're a community of curious minds exploring the fringes of human experience. Join us as Every Week for:

THROWBACK THURSDAYS 9 PM - WATCHING WYRD

MYSTERY MONDAY

FORTEAN FRIDAY

6 pm - WITF Friday Nite Live 7 pm - Awakenings



TRIVIA TUESDAY 8 pm - Blondes, Books, &

Campfire Tales (every other Tuesday)



SELF PROMO SATURDAY AND SUNDAY



WYRD WEDNESDAY



CRAFTING REALITIES, ONE STORY AT A TIME. WYRD REALITIES. WWW.WYRDREALITIES.NET

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YOUR FEEDBACK MATTERS!

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| NEWS FROM THE WYRDVERSE

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- Medical Reiki Mastery: As a Certified Medical Reiki Master, Tracy blends traditional Reiki practices with medical knowledge, offering a unique perspective on healing.
- Empowering Instruction: Tracy is a Certified Reiki Master Practitioner and Teacher, dedicated to empowering others with the art of healing and self-discovery.
- Cultural Healing: Certified in Ho'oponopono, Tracy incorporates Hawaiian healing practices focusing on reconciliation and forgiveness into her teachings.
- Energetic Expertise: Tracy is also certified in Reiki Shamanism, expanding her understanding of energetic healing modalities to provide comprehensive guidance to her students.
- Personal and Professional Reiki Classes
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- 🧘 Taught by a highly experienced educator and certified practitioner

Don't miss out! Contact Tracy Crosby at reikims@reikims.com for more information.



THIS COULD HAVE BEEN YOUR SPOT!



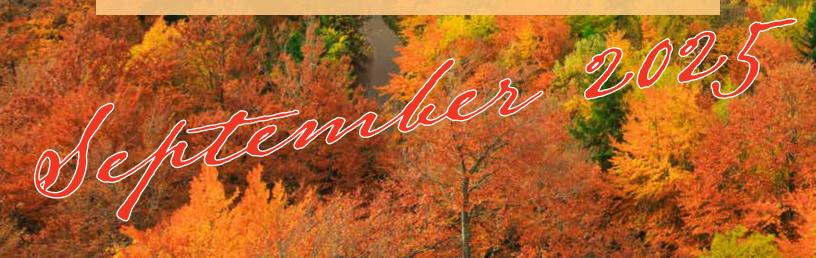
*All newsletter content due no later than the 15th of the month.

Calendar of Events

- Monthly Observances -

Be Kind to Editors & Writers Month | Library Card Sign-Up Month National/International Literacy Month Read a New Book Month

Sep 1	Labor Day	Sep 21 Partial Solar Eclipse	
	World Letter Writing Day	At sunrise over parts of New Zealand,	
Sep 4	National Newspaper Carrier Day.	South Pacific, Antarctica.	
Con F	Mayulid at Nahi (Islami Manula)	Feast of the Guardian Spirit	
Sep 5	Mawlid al-Nabi (Islam; Prophet Muhammad's birthday).	Sep 22 Autumn Equinox — 18:19 UTC	
	i whalilling 3 bit chagy.	marks fall in the Northern Hemisphere,	
Sep 6	National Read a Book Day	spring in the Southern.	
	Buy a Book Day.	Mabon	
Sep 7	Total Lunar Eclipse ("Blood Moon")	Rosh Hashanah begins at sundown	
	Harvest Moon (Full Moon	(Jewish New Year, through Sep 24).	
		Hobbit Day	
Sep 8	International Literacy Day	Bilbo & Frodo's birthday	
Sep 11	Patriot Day	Dear Diary Day	
	Nayrouz (Coptic Orthodox New Year).	Sep 24 National Punctuation Day.	
Sep 12	National Video Day	Sep 25 National Comic Book Day.	
	National Online Learning Day	Sep 27 100 Thousand Poets for Change	
Sep 13	Roald Dahl Day	Sep 28 – Oct 2 Durga Puja (Hindu festival	
Sep 18	p 18 Read an E-book Day	honoring Goddess Durga).	
		Sep 30 International Podcast Day	
		Celtic Tree Month of Ivy begins	





Firom the Kitchen Myrd Kitchen



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MISSISSIPPI POT ROAST Bethany Style

When the crisp fall air breezes it's way around most of the world, here in southern Arizona we have to create our own autumn evenings.

For me that means ambient lighting, a spooky movie streaming and a comforting meal roasting in my slow cooker.

Below is one of my favorite meals to make, especially when it's been simmering all day and your house smells Amazing!

While this is not my original recipe and there are many versions floating around, this is how I generally make mine.

Ingredients:

- 1 Boneless Chuck Roast
- 2 Ranch Seasoning Packets
- 2 Au Jus Gravy Mix
- ½ Stick of Butter
- ¼ ½ Jar of Pepperoncini Peppers
- 2 Russet Potatoes
- Handful of Carrots

Directions:

Season your roast (I use salt, pepper, garlic and whatever other steak seasoning I can find in my spice cabinet).

- 2. Get your pan hot and lay some oil in it.
- 3. Sear all sides of your roast.
- 4. Once you have a good crust around it, put it in your slow cooker.
- 5. Slice/Dice/Cube your potatoes and carrots add them around your roast.
- 6. Scrape all the seasoning and crispy bits from your hot pan and add them the slow cooker as well (sometimes a dash of beef broth or water helps to loosen it, but just a small amount).
- 7. Slice your butter and toss it on top of the roast.
- 8. Add Ranch and Au Jus seasoning (for fun I sometimes add a half packet of brown gravy).

- 9. Add however many pepperoncini peppers you want and pour half the jar of juice in.
- 10. Cover and cook on low for about 6-8 hours.
 Occasionally move the carrots and potatoes but try to not to remove the lid too much.
- 11. Remove the meat about an hour before serving and shred, then add back to the slow cooker

I love serving this with a side of Garlic Rosemary Bread, it's great for dipping in the sauce

Enjoy!

Bethany Stutsman Blondes, Books, and Campfire Tales Host



WYRD REALITIES TURNS FIVE A HAUNTING MILESTONE ON HALLOWEEN

By Morgana Calder

When the crisp autumn winds stir and shadows lengthen, there's no better time to celebrate the strange, the eerie, and the unexplained. This Halloween marks the fifth anniversary of Wyrd Realities, the podcast network that's carved a unique niche in the world of storytelling, folklore, and the paranormal. Since its debut, Wyrd Realities has become a staple for lovers of the weird and wonderful, bringing listeners into worlds both fantastical and frightening.

The Beginning of the Wyrd Journey

Launching on Halloween five years ago, Wyrd Realities embraced its spooky timing as more than coincidence—it was a mission statement. Created by a small but passionate team, the network sought to explore the boundaries of storytelling through podcasts, diving into everything from true crime and cryptids to speculative fiction and supernatural lore. Each episode promised more than entertainment; it promised an experience, a journey into the uncanny.

Highlights and Haunting Hits

Over the years, Wyrd Realities has grown into a multi-show platform, offering everything from long-form interviews to serialized narratives. Standout episodes have explored legends like the Mothman and the Bell Witch, philosophical discussions about artificial intelligence and demonology, and even road trip-style dives into regional folklore.

A fan-favorite has been Watching Wyrd, the network's movie podcast. Each episode brings a blend of analysis, banter, and behind-the-scenes trivia, covering everything from cult classics to modern horror cinema. The show has become a go-to for listeners who want their scares with a side of cinematic insight.

Wyrd Realities also proudly features horror fiction writers as part of the team. These voices bring their storytelling expertise to both scripted episodes and roundtable discussions, enriching the network with original tales and thought-provoking perspectives on the craft of writing. The combination of expert research, creative storytelling, and deep literary roots has made Wyrd Realities a trusted voice among paranormal enthusiasts and curious minds alike.

The Community of the Strange

Wyrd Realities is more than a collection of shows—it's a community. Listeners have become collaborators, sharing stories, questions, and theories. Live events, themed Halloween specials, and interactive Q&A episodes have fostered a sense of connection that few podcasts achieve. The Halloween anniversary episodes, in particular, have become a tradition, drawing many listeners who tune in for chilling tales and celebratory surprises.

Looking to the Next Five Years

The fifth anniversary is not just a time to look back but to peer into the future. Wyrd Realities plans to expand its offerings with more immersive audio experiences, video content, and collaborations with authors,

historians, and creators. There's talk of live storytelling tours and even documentarystyle projects. The goal? To continue pushing the boundaries of what podcasting can do, especially for fans of the unexplained.

As the Halloween moon rises this year, the Wyrd Realities team invites listeners old and new to celebrate not just five years of shows, but five years of curiosity, creativity, and community. For those who love the strange, the haunting, and the beautifully bizarre, the future looks brighter—and a little wyrder—than ever.



DAPPY FIFTH BURTHUAR MYRD-OS!

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Want to Contribute?

WE WOULD LOVE YOUR INPUT!

To be a guest contributor or writer, please contact us. We are always interested in short stories, recipes, holistic & alternative health, book, movie, and music reviews, original arts, and more.

If there's something you'd like to include, let's talk!!

wyrdrealities@gmail.com

NEWS FROM THE WYRDVERSE